



# The Way Home

An outreach e-communication from Papillon Haven Rescue (PapHaven)

Issue #82

[www.paphaven.org](http://www.paphaven.org)

September - October 2013

1,300+ rescued & counting! Celebrating 10 years!

## PapHaven celebrates 10 years of caring

**C**ongratulations! On the 10th anniversary of the PHR (Aug. 2003 - Aug. 2013), it's time to take a look back. We have made great strides toward our goals through the last few years. With the help and hard work of each and every member, we have found good homes for many of the abandoned and mistreated, or who have endured the many misfortunes in their lives.

### In the beginning

In August 2003, Papillon Haven Rescue (PapHaven), a 501(c)3 non-profit organization, came about through the love of a small deaf puppy that needed to be transported halfway across the country to her new home. It took the effort and dedication of people from Texas to Washington and on to Ohio. It took the cooperation of three other rescue groups. In the end, it took the hearts of everyone. Today, Daisy's trip is over. She had to make a medical stop along the way, but

she is finally home in the eager arms of her new Mom, Bonnie Bias (long-time member of PHR). It is our hope that her journey will continue through time in the good will and renewed faith in the goodness of people everywhere.

Daisy came along when some of us were feeling that the need for caring for each other and the little furbabies we love so much was a thankless, overwhelming task. How could anyone stop the flow of homeless, unloved, and abused animals? Daisy made it so easy for us to see that opening our hearts and

reaching out one step at a time is possible. Daisy showed us we can make a difference!

### The needed is still great

PHR would like to invite you, your friends, and family to join our efforts. With hands reaching out across the country, we can form a circle of love and caring that refuses to let even one Papillon in need fall through the cracks. We are not in competition with other rescue groups. In fact, it is our goal to work hand-in-hand with every rescue

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**Fall Auction**  
**15-29 September**  
**Coming Soon!**

[www.paphaven.org](http://www.paphaven.org)

**Make donations thru PayPal**

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Remember - all donations are tax deductible!

**Become a virtual foster!**



Click here to see how easy it is to make a difference in a rescued pap's life!

<http://www.paphaven.org/vfoster/shtml>

Watch for upcoming sales of PHR's new cookbook!



*"The Cook is not Responsible for Dog Hair in the Food"*



<http://butterflyboulevard.pbwiki.com/>

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All proceeds donated to dog rescue

<http://myplace.frontier.com/~knitz4dogz/>

**The Way Home**  
*Issue 81 -- June/July 2013*

[www.paphaven.org](http://www.paphaven.org)

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*The Way Home* is a monthly e-publication for members/supporters of Papillon Haven rescue (PapHaven). Masthead photos taken by *Animal Photography.com* (used with permission); unless otherwise designated.

**Newsletter deadlines:**

Materials and olor photos for the next issue must be submitted by the 15th of the month prior to publication. Send materials to: [nora3paps@yahoo.com](mailto:nora3paps@yahoo.com).

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<http://www.dogfoodadvisor.com/>

It's "JUST" a rescue dog ...

# Why are adoption fees so high?

**N**o, this story is no joke – we hear this question all the time! For whatever reason, people do not understand why it “costs so much” to adopt a rescue dog. Or, for that matter, why there is any charge at all!

Let’s take a look at the fees that have to be paid out, before you get your “rescue dog.”

## In Pennsylvania

Where I live, 30 miles north of Philadelphia, PA, vet fees are not cheap! In some cases, they are down-right expensive.

When PapHaven takes in a new rescue, we have a standard list of criteria that must be met before PHR considers a dog “ready for adoption.” This list is a general overview – this does not include any “special treatment” (example: aqua-swim therapy, amputation, acupuncture, etc.) and the pricing is from my vet (assuming the pet weighs approximately 12 lbs):

	2010 .....	2013
Full health examination.....	\$ 42.....	\$50
• All vaccines, including rabies.....	\$ 82.....	\$80
• Flea & tick** (per month/6 months) .....	\$ 17 (102)....	\$15 (\$90)
• Dental cleaning.....	\$ 150 - 220.....	\$250
<i>PLUS</i> extractions .....	\$25 .....	\$40
• Heartworm test .....	\$ 24.....	\$35
• Heartworm treatment* .....	\$300 - 400 ..	\$800 - 1200
• Heartworm preventative** (per month/6 months)	.....	\$ 8 (\$48)..... \$10 (\$60)
• Hernia repair* .....	needs quote	
• Neuter (male)* .....	\$ 250 - 275 ....	\$200***
• Spay (female)*.....	\$ 260 - 280....	\$300***
<i>* If needed    ** given during fostering    *** Requires pre-surgery bloodwork</i>		

So where does that leave the total bill? Assuming the top figures and that we have a foster dog for 6 months (minimum), the expenditures are in excess of \$2,865+ (\$1,100+ in 2010) PER DOG.

Yes, in some areas of the country, like Arkansas where our Board President lives, vet costs can be less expensive. But any animal who is fostered near a major city will experience costs that are equal to this level of care.

## Adoption fees

Our Board recently made the decision that we need to raise our Adoption Fees to come more in line with the cost to vet a Pap.

- 0 - 2 years = \$ 425
- 3 - 4 years = \$ 375
- 5 - 7 years = \$ 350
- 8 - 9 years = \$ 300
- 10 years and up = \$ 200

Special needs dogs = to be determined

Based on age, health, and mix

The adoption fee covers:

The charge to “pull” the dog from a shelter (most shelters charge approx. \$100-150).

## Vet expenses including:

- Full health check-up
- Spay/neuter (all our rescue Paps MUST be spayed or neutered PRIOR to adoption)
- Vaccines including rabies
- Heartworm test and treatment if needed
- Heartworm preventative
- Any other vet expenses such as a dental or hernia repair

## Final thought

The adoption donation is to help defray expenses for ALL papillons and/or pap-mixes in our rescue program. But it by no means covers ALL of the expenses incurred. We endeavor to provide the best possible care for these animals so that when they venture on to their forever home, they are as healthy as we can help them become. Some dogs come to us so severely abused, emaciated, or both, and need all the care they can get.

So the next time someone asks you why adopting a dog is SO expensive, show them this story!



## PapHaven Celebrates 10 years!

(Continued from pg.1)

group and shelter that will join us in this effort. We will not ask for perfect lineage, looks, or origins. We will coordinate with other groups for transporting other breeds.

### Our mission

We are individuals living across the U.S. who have been drawn together as volunteers for the purpose of preserving and protecting pure breed and non-pure breed Papillons in need.

The actions of this all-volunteer group are directed toward the development of a network of rescuers, transporters, foster homes, animal shelters, and other rescue groups in order to provide information and assistance.

We provide veterinary care, a spay/neuter program, rehabilitation in foster homes, and careful screening for appropriate adoptive homes with our ultimate goal being the welfare and protection of these small companion animals.

Working together we are making a difference – one Papillon at a time.

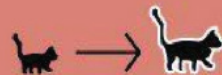
### Our future

Our organization has a very bright future! Though our mission has been successful, it is FAR from over. We have done our best, but many furbabies still need our help and care. And I for one have no ability to turn them away!

Your Board of Directors and Team Leaders are always interested in hearing your ideas. Please do not feel that anyone is ever disinterested in an idea that could help us help more Paps. Obviously, we look for solutions that will afford us the most benefit as the end result which as always is to help more of our charges!

Fundraising is always ready for an extra hand ... through your ideas, research, events, and hands-on assistance. Please begin to gather your donations for the fall auction as quickly as possible. This will allow the necessary “prep-time” so that everything progresses smoothly. Every little bit helps!

Again ... Congratulations PHR!! You have done well ... but Our work is not over!!



### Benefits of adopting an older pet.



#### They take less time to train

- They have already been toilet-trained and are likely to know the basic commands.



#### You get to skip the naughty puppy/kitten stage

- Older pets are less likely to chew or scratch things that they shouldn't. Instead, you get an obedient pet that is ready to love you unconditionally.



#### They are lower maintenance

- Older pets lead less active lifestyles and are already accustomed to being alone for prolonged periods of time.



#### You can give them a second chance at a life full of love

- Older pets can often live longer than expected when they are shown the right amount of love and care. You can change an older animal's life by adopting it into your home.



#### They can change your life

- Pets can give you what you didn't even realise you wanted: companionship. Older pets crave companionship, so they are perfectly content to curl up with you while you watch TV.

# Reverse Sneezing in Dogs

Written on 08/26/2013 by Brandy Arnold in Home Remedies, Staying Healthy – <http://dogingtonpost.com/reverse-sneezing-in-dogs/#.UhtSSLakCla>

**R**everse sneezing, also known as Pharyngeal Gag Reflex or Paroxysmal Respiration, is a relatively widespread respiratory condition in dogs that is normally triggered off by a spasm in the pooch's soft palate as well as laryngeal area. It is often referred to as 'reverse sneeze' because during the event, the dog is gasping air heavily inward, instead of simply expelling it, like in a typical sneeze. Although harmless in and of itself, reverse sneezing can be rather alarming for dog owners to see and can be indicative of a more serious problem.

## What Happens During a Reverse Sneeze?

- Usually, dogs extend their neck as they gasp with loud and strong grunting sound. They are likely to turn their elbows out and their eyes may even stick out during the occurrence.

- Since the trachea becomes narrow, it's even harder for dogs to get a sufficient amount of air into their lungs. As a result, their chest might expand as they try to inhale.

- During the episode, most owners would think their pooch is suffocating, choking, or even suffering from a seizure.

- Each occurrence of reverse sneezing only lasts for just a couple of minutes or less. The episode normally ends on its own without posing any threat to your dog's health.

Fortunately, dogs appear normal both before and right after the event, without after effects. Dogs don't lose their consciousness, and this phenomenon is often harmless, and rarely requires medical treatment.

## Common Causes

Reverse sneezing can be set off by a wide variety of irritants and some forms of dog allergies. Pollen, dust, mites, viruses, post-nasal drip, nasal inflammation, perfumes, and household cleaners or chemicals are some of the known triggering factors. Other causes include exercise intolerance, rapid drinking or eating, pulling on leashes, and even excitement. It's also very likely

that sinusitis and other kinds of respiratory problems can lead to episodes of reverse sneezing.

Although any dog breed can experience this fairly common respiratory condition, it is more widespread in smaller pooches. Short-faced dogs like Boxers, Boston Terriers, Bulldogs, Pugs, and Shih Tzus are found to be more at risk of reverse sneezing. It has been suspected that a genetic factor is involved with such kind of breeds.

## Possible Treatments

- Antihistamines. If allergies have been discovered to be the main cause of the problem, antihistamine medications can be administered. Your vet may prescribe drugs if mites are found in the dog's laryngeal area.

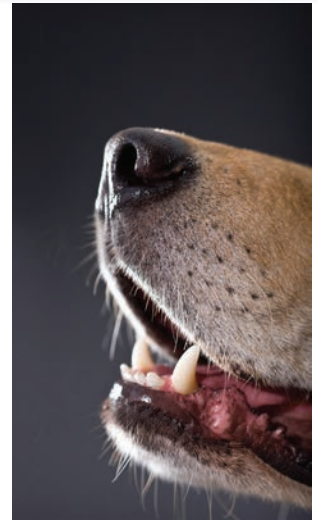
- Massage. Another way to treat reverse sneezing is through massage. To help stop the spasms, just rub Fido's throat gently.

- Others. You can also try to cover your pooch's nostrils to help him swallow; clearing out whatever trigger is setting off the episode. In addition, if the occurrence doesn't windup quickly, try depressing Fido's tongue

to open his mouth and help air to move through his nasal passages.

If episodes of reverse sneezing become more frequent or severe, or are accompanied by other symptoms, it's important to have your vet examine your dog's throat and nasal passages. Whenever possible, try to record a video of your dog during a reverse sneezing episode to show to your veterinarian. This will help him/her determine if the event is truly a 'reverse sneeze' or if it is something that needs attention.

While reverse sneezing is harmless in and of itself, it will probably be scary for your dog. Comfort and soothe him during the event and remain calm, knowing that it will soon be over.



## PHR COOK BOOKS now available –

<http://www.papauction.info/cookbook/>

Price is \$25 plus shipping. Shipping is \$5 for up to 5 cook books. Shipping for higher volumes copies please contact Nancy at [basundberg@msn.com](mailto:basundberg@msn.com).

Within PapHaven's approximately 190 page cook book "DOG-GONE GOOD COOK BOOK" you will find tried and true recipes, new and yummy recipes, and a few exotic items sprinkled throughout; plus, interesting pet tips and canine tasty recipes just waiting for you to discover them.

Funds are for the medical care of our many Papillons in Need.

Please fillout the form online (even if paying by check)

Send checks to:

PapHaven

POBox 20306

Hot Springs AR 71903



# Help For Arthritic Dogs

Written on 08/16/2013 by Ron Miller in Bones & Joints –  
<http://dogingtonpost.com/help-for-arthritic-dogs/#.Ug5BBbakClZ>

There are many common health problems humans share with dogs. Arthritis is one of these and if you have a dog with this issue there is help available for an arthritic dog. In the following article we will go over a few things you can do to provide a better environment and reveal to those who has such a canine there is in fact help available for an arthritic dog.

One cause of arthritis is an inflammation of or swelling of your dog's joints. The causes can range from old age to poor nutrition leading to underdevelopment of the ligaments, tendons, and bones. Just as people are subject to the painful condition of arthritis, so are animals including our beloved pet dogs. The help available for an arthritic dog is very similar to what humans use to relieve their arthritis. Medications are very useful as

well as providing a good balance of vitamins and nutrients for "re-building" the cushioning tendons between the joints.

Things we can do at home to help ease this condition for our dog include taking your dog for a swim. This is a low impact exercise that works the joints in a smooth motion without any weight being put on the joints. If possible have your dog swim in warm water so the muscles, tendons and cartilage in the joints are warm and flexible. The blood will be warmer increasing blood flow to all areas of the dog's body for a good lubrication of the joints. This is also a great way for over-weight dogs who suffer from arthritis to have a great aerobic workout and lose weight. The more weight an overweight dog loses the less stress his or



her arthritic joints have to bear.

Cover tiled and polished hardwood floors with large nonskid area rugs to prevent the dog slipping and aggravating the condition. This is easy to do and your dog will be able to move through your home safely.

Change the bed your dog sleeps in. Use a softer cushion so there is more support and less strain on the joints when the dog rests. Check out the beds available for arthritic dogs as they are the best option.

Keep your dog well groomed because the pain associated with arthritis limits the dog's ability to groom their selves properly.

The help available for an arthritic dog is out there for those who seek it out. Always consult your vet for suggestions and possible medications to help ease the pain. As the picture accompanying this article shows, wheels can be provided for arthritic dogs whose joints have caused immobility.

Do you have an arthritic dog? Please share your tips and advice with our readers.



## Dogs Rules For Humans

1. Don't come home smelling of other dogs.
2. You must feed me every goodie you eat.
3. Don't call me or lead me to a bath.
4. Let me outside even though I just came in, there was an area I forgot to sniff.
5. I can sleep anywhere I choose even if it means you trip over me.
6. Don't shhhh me from barking while you are on the phone, I heard the wind blowing the leaves.
7. Don't move me while sleeping sideways in the middle of the bed, you have enough room on the edge.
8. Don't think you can leave a room without me.
9. If it lands on the floor it's MINE!
10. I will use SAD PUPPY DOG EYES TO GET WHAT I WANT!

## 5 Ingredients You NEVER Want to Find in Your Dog's Food

[http://theilovedogsite.com/5-ingredients-you-never-want-to-find-in-your-dogs-food/?utm\\_content=img-group&utm\\_source=FB\\_AllDogPages&utm\\_medium=link&utm\\_campaign=5-Bad-Ingredients\\_8-17-13](http://theilovedogsite.com/5-ingredients-you-never-want-to-find-in-your-dogs-food/?utm_content=img-group&utm_source=FB_AllDogPages&utm_medium=link&utm_campaign=5-Bad-Ingredients_8-17-13)

Think back to your last trip to your grocery store. Did you pick up an item, turn it around and read the label? Now, think about to your last trip to your pet store. Did you read that label? Are you able to identify the ingredients that are healthy and the ones that are not?

### Dog food ingredients

#### *Do you know what is in your dog's food?*

Do you have your dog's food label in front of you? If not, bookmark this page for future reference to cross check the ingredients within your dog's food. We're going to break down five ingredients that if found on the label, you should avoid purchasing:

**Ethoxyquin** – Ethoxyquin is commonly found in most dog foods, as this is used as a preservative. Does anyone know what this product was developed for? Herbicide! As awareness has increased around increasing quality care for our dogs, veterinarians began noticing that ethoxyquin is often associated with the development of kidney and liver damage, cancer (liver, spleen, stomach, skin), immune deficiency syndrome, blindness, and leukemia.

**Propylene Glycol** – If you know anything about auto care products, you may have immediately recognized this. Yes, this is found in anti-freeze! This product is placed in dog food to help reduce moisture and prevent bacteria growth. Your dog needs what is called intestinal bacteria to help absorb and digest the food. Since this ingredient decreases

bacteria growth, it also reduces the “good” growth that is needed. Additionally, it reduces moisture that is needed to aid in digestion. As a result, some dogs may develop cancerous lesions within their intestines or develop intestinal blockage.

**BHT/BHA** – Butylated-hydroxyanisole (BHA) or butylated hydroxytoluene (BHT) both are equally potent and dangerous for your pet. In fact, these two are often found in our food too. BHA is another preservative and is often responsible for kidney damage. BHT, even more potent than BHA, is used to help reduce food spoiling. BHT has been directly linked with cancer for both dogs and humans.

**Corn Syrup** – Corn syrup is sugar often used to help “sweeten” your dog's palate. Too much sugar over time will lead to weight gain, diabetes, hyperactivity, and even a change in mental behavior. Corn, a very inexpensive filler, over time may develop mold or fungus; in turn, may result in death.

Both corn and corn syrup are unhealthy for dogs

**“By Product”** – This could be either chicken, lamb, beef, fish, turkey and so on. “By product” are the internal remains of an

animal, not including the muscle meat. Often times, this will include diseased tissues, organs and tumors.

### Dog food ingredient to avoid

There are so many ingredients that need to be reviewed thoroughly, the list is exhaustive and keeps growing daily. As a concerned parent what can you do? The best action to take is to begin with research and reading your dog's food labels. What are the first five ingredients listed? Any of the above? Also, do not overlook your dog's treats!

If you're not certain where to begin, this site offers excellent reviews on all dog food products. How does your product rank? Often cost may be the inhibitor in buying quality, natural dog food; if that is the case, the higher the quality, the less that is needed to feed. Another option, why not cook for your dogs? Or, give raw carrots or green beans as a treat? My dogs love carrots, to the point where I need to purchase their own supply and my own!

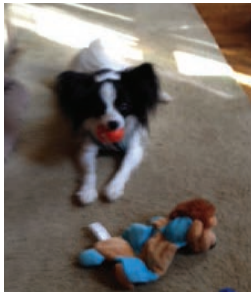
Have you recently changed your dog's diet to be more natural? Have you seen improvement in their health or behavior?



# Success stories

## Symon

This is my foster boy, Symon, and today he went to his forever home with Diane and Chuck. Oh boy did he win the lottery! I can't think of anyone I would rather have him than those two. He was terrified when I got him, now he is just a little bit skiddish and I'm betting when I see him again he will be perfect. I am also babysitting Aleigh, the puppy that had the liver shunt surgery a few weeks ago and she has certainly done a 180 degree turn around. Right now she is trying to make Smokey play with her and he is trying to catch a few winks. Poor fellow, I think right now he'll be happy when she goes home tomorrow!



## Ryckie

Just an update, he's getting familiar with his surroundings. We walk him in the park 3 times a day, we let him in the yard in between when it's not too hot. He gets very



excited when he hears the chain of another dog... We found a new treat he loves, the chicken strips from Trader Jo's. He's going for a good grooming today, he'll be much cooler with out the shaggy rug all over him. LOL. He loves to chill on the couch with us while we watch TV. Augie has been a good brother so far, My cat, Patience, doesn't like anyone except Samantha so we don't even

try... All is good, another day in paradise for these animals.

## Prima

Hi! My name is Prima and I am 5 years old. I was rescued from a backyard puppy mill. I lived in Cincinnati with my foster mom until March 2012 and then I got a forever home.



When I first got to my new home in Charleston, WV, I went in the house and hid behind the end table. It was a good hiding place. My new moms let me stay there for a while and then they blocked it off so I would come out and be social. At my new house I have a sister Papillon named Skittle. She was very friendly to me and even though I didn't like female dogs in the past. I like her very much now, in fact, I love her. She is my buddy and we run from the living room to the bedroom barking and looking out the window. There are also kitties in my new home. At first I didn't care much for them but now I get excited when the one named Baby comes in the living room. Sometimes I stomp my feet at the kitties when I want them to go away. I'm jealous and don't want them to get too close to my moms.

When I first moved to West Virginia one of my mom's daughter and her husband would come to visit and I was afraid of the husband. I soon warmed up to him. They also have dogs which I like, a Westie and a Boxer.

I have separation anxiety so when my mom's leave the house I have to be in a crate. One time they went outside and sat on the porch for a while and while they were outside, I chewed on the couch - *oops!* They weren't mad at me at all because they love me. They kiss on me all the time, they are so mushy.

I bounce all over the place when I come out of my crate when my mom's come home from work and also when I get up in the morning. I'm a happy puppy! I love my new

home and I'm so happy they picked me to live with them. They take me on trips and they have a travel trailer and we go camping. We have so much fun together.

## Floyd

Hi every one... Just got a note from Floyd's new dad with some pictures... Floyd came to us with a severely fractured leg. After several surgeries, his leg was fixed and he was ready for his new home... He was adopted by a single gentleman in Phoenix and has been there for a week or 10 days.



*Andy*

## Greetings from Scottsdale.

Floyd wanted to send you a few pictures from his new home. He is doing very well, his leg seems to give him no problems at all as he is happy to run around at lightning speed and chase toys all day (and all night) long.

## Mighty Mite

Hi everyone- Our little Mighty Mite got adopted by a wonderful couple in Texas. They just sent pictures and I have the permission to share both the pictures and the note with our PapHaven Family.



*Andy*

Hi Andy,

We got little Mighty Mite on Sunday from Debbie and Rick. The place where we met was next to a park; so we were able to take the dogs for a little walk there as they met. It was as if they'd always known each other... just sniffed and went on. Debbie's idea of having us send a baby blanket on which Crickett had slept and we had sat on let Mighty Mac, as we are calling him, get to know us before he met us. Nolan named the

(continued on page 9)



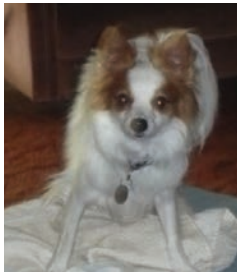
# Success stories

(continued from page 8)

little guy Mac, and we're using the longer version until he gets used to the change.

Mac has been so easy to work with. Debbie had him so well socialized and trained that it was as if he'd lived here before and just been gone for a while. I am absolutely thrilled with him and love him very very much. It is a joy to watch him and Crickett play. He is exactly what I was wanting in a companion for her! Thank you! Thank you so very much for helping make the adoption happen!! I hope you enjoy the family portrait I've attached. Everyone thinks he's terrific! I'll send more pictures as he matures.

Have a wonderful day,  
*Nancy*



## Fletch

Just a quick note to say that Fletch seems to be settling in just fine. He and my "malto-mutt" Kiddo are getting along just fine. He's going in & out of the doggy door like a champ. Took him a whole 15 minutes to get the idea. Right now he's on the lookout for squirrels crossing

the top of the back fence. he's just like Will Rogers – never met a man he didn't like. The only problem (and Carol warned me about this) is he is a chow hound for sure.

Anyway he's a great dog and I'm so glad I found him thru your rescue. here's a pic of him on his "lookout" perch.

## Yoda

Terrie and I drove to Young Harris, Georgia, yesterday to pick up Yoda from John. We had not met John before and it was a real pleasure to do so. It was immediately evident that he and Mary give their dogs absolutely first class care and love. He was sad to see Yoda go but so supportive and glad that he would be living out his days with us.

Yoda made the trip back home to NC with us without any difficulty. He is adjusting well, especially given all of the upheaval in his life of late and the fact that he had relatively serious dental surgery on Monday. We are watching him closely and have the meds that John provided us in order to help him through recovery over the next few days. We plan to take him to our vet on July 29th or thereabouts, the date that John and Mary's vet had scheduled him for a follow up visit.

We are thrilled to have the little guy with us and to have him join our pack. He is so cute but also such a trooper. Thank you

and all of the others who assist you for the wonderful work you are doing at Papillon Haven Rescue.

Warm regards, *Jim*

## Sara

(formerly Seely)

Here are some pictures of Seely ( Now Sara) on her trip to S. Dakota. They previously adopted Tommy from us a couple of years ago and came back for a second helping of Pap.



*Andy*

Thanks for all your help, we are on our way home Sara is traveling well, she was nervous at first but she is sleeping along with the boys She has a lot of Tys mannerisms. She loves her three stuffed animals Mary Ellen sent with her. She carries them with her all the time, she even sleeps with her head on them.

*Linda*



## Calais

My husband and I LOVE Calais. We are VERY happy with her. She has a good home with us and we are her forever family. Everyone who meets her says she looks like she is smiling. We are lucky to have her and she is lucky to have us too. Here are some photos of Calais enjoying her new family.

I should emphasized all the JOY that Calais brings to our lives. Please be assured that we are very happy with Calais and she with us. We walk her daily and take her with us in the car so she is almost never alone. She has Blue Buffalo food, a new fence around her yard, a 2-year dog license for our county, an orthopedic doggie bed, a big warm sleeping kennel, lots of toys and healthy treats, and a year's supply of Heartgard and Frontline. We are VERY willing and financially

(continued on page 110)

## New PHR T-shirts

Papillon Haven Rescue has the most adorable Front & Back Tee-shirt custom designed (copyright) by our friend, the artist Penny Wyzlic.

These shirts are 100% cotton, but have more threads per inch, which means that they are softer, smoother and shrink much less as compared to other tee regular 100% cotton t-shirts. Look here for their description.

In two colors as pictured above – Red & Kiwi Green.



If you would like one of the tee shirts then please send an email to Jan Jorolan (jorolan@catc.net) SOONEST.

Prices  
\$25 each + shipping (TBD)  
Add \$2 each for 2XL  
\$3 each for 3XL.

Colors are red (R) or kiwi green (G). Available sizes include S, M, L, XL, 2XL, and 3XL.

Email jorolan@catc.net – include your name, address, size, and color – make check payable to "PapHaven," and send to:

PapHaven  
PO BOX 20306  
Hot Springs AR 71903

## Success stories (continued from page 9)

able to care for her always.

Thank you again for your devotion and care to the rescued Papillons, and especially of Calais. We appreciate receiving your newsletter and will read it regularly.

Sincerely, *Steph and Alan*

### Poco

Just checking in to let you know that Poco Papi seems to be adjusting well to his new home. He is a quiet dog for a papillon, which is not necessarily a bad thing. Chuck and I have fallen madly in love with him and we are bonding quickly – considering we have had him for just a week. He seems quite willing to accept us as his new family.

He has an adorable ‘happy dance’ when we come home, sits with us on the sofa at night and has started reminding us at 9pm that it is time for bed. He sleeps in between us – and never wakes us up in the morning which Chuck loves. As an obstetrician with frequent calls during the night that was one thing he worried about. Absolutely no problem. Poco is happy to stay in bed as long as we want to.

He is a well-trained little dog and is a joy to walk in the mornings. The neighbors think he is one of the most handsome dogs they have ever seen and we agree with them.

Thank you for your help in finding him and let Sharon, his foster mom, know he is doing well. He even lets me pick him up now which I wasn't sure was ever going to happen. Still training him to come when called... but he's making progress.

*Marianne & Chuck*

### Mario

Just wanted to check in and let you know Mario is doing great he fits perfect in our lives and home. We couldn't be happier, thank you so much for all your help and for giving us our new



family addition!

Thanks, *Josh & Crystal*

### Zach

Hey! You heard of the dog days of summer? I came out this afternoon and guess what? I found the two of them laying out on my lawn chair just enjoying the weather. Lisa did you know that Zach does not like to walk on the wet grass? Every time the lawn is wet Zach will walk the perimeter of my lawn to get to my patio set because he does not want to get his feet wet is that not crazy!!! Will you guys have a great fourth...

Take care... *Mark*

### Caelon

Caelon made it home today. he is adorable, and for sure a mama's boy. He is getting along with Bandit, and his new home. Thanks for everything. We've decided to name him Smokey, Smokey and the Bandit. We actually have a Smokey and the Bandit Trans Am that we enjoy, cruising in and car shows.

God bless you all and your Organization for all you do.

*Mike & Carol*

### Kona

I thought I'd give you an update on my precious Kona. He has turned out to be such a joy and pleasure.

For three months my cat didn't come downstairs because Kona chased him, now Kona still chases him, but the cat holds her ground. I have figured out that each is really afraid of the other! They keep their distance and all is well. And the cat is fully integrated back into the house.

Kona has been to New York with me, and up to Maine for the day. He gets along with every dog close up, but barks like crazy if he sees one a bit away. He is a fine watchdog, and very friendly once people are in the house.

I must say your program for socializing

and training is wonderful, Kona is a fine example.

Since I adopted Kona my other dog Roo, an Australian shepherd died, sadly, but as long as he lived, he and Roo got along fine.

I really love Kona, and I think he loves me too.

### Tynlee

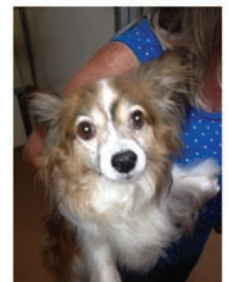
Our Tynlee (FNA) Boone, is just delicious! He is the apple of my eye. We have a separation anxiety issue, so I just take him where ever we go, I have tried every method to no avail and I refuse to medicate him so we just do everything together! He is a larger Pap, 16lbs. but that just gives us more to love. He is very smart (I'm not biased) he sits, stays, does round, high five, shakes, fetches, when I ask for a belly, he will lay down and roll over so that i can rub his belly. He's soo darn cute!

I will try to forward a picture of him, I'm not to computer savy, but I would like you to see our beautiful little boy.

### Petros (Pete)

My sweet little Pete (Petros) went to his furever home last Sunday. Just getting around to posting this as it's been very hectic here with moving out of my townhouse/condo and into a new house. Pete took it all in stride and he was from the very first day, a well behaved and happy boy. He came to me from an animal control in NC suffering from malnutrition, missing hair and what looked like a flea allergy. He was literally skin and bone and he always wagged his tail and was so happy to meet anyone, animal or human, despite his extreme neglect. I have some original photos on my digital camera from when I picked him up last September and I just need to buy a new cord in order to download those (old cord was chewed through by my rambunctious kitten Skittles).

He had 2 oral-nasal fistulas that needed



## 10 Foods You Should Add to Your Dog's Bowl

By Rick Woodford – November 6, 2012 by Tails Magazine (Reprinted with permission)

Everywhere I look I see another list of foods that are toxic to dogs. Yes, the information is important, but it's quite easy to cover in a sentence: No chocolate, onions, grapes, raisins, mace, nutmeg, or raw fish, and nothing you wouldn't eat yourself (moldy foods, raw yeast dough, pits from fruit). There, done.

However, with all the focus on what not to feed, there's rarely any mention of what you can and should be adding to your dog's diet. Here are the top 10 foods you should be adding to your dog's bowl:

1. **Scrambled Eggs.** One egg replaces 1/5 of a cup of dry dog food but adds in high quality protein. Got eggs high in Omega-3s? Even better.
2. **Fish. Yes, raw fish** - particularly trout

and salmon from the Pacific Northwest - can be dangerous for pets, but a little tuna fish (or better yet, sardines) can add a good boost of Omega-3s and protein to your dog's diet.

3. **Chicken hearts & gizzards.** Bring to a boil in a pot of water and simmer for 15 minutes and you get the benefits of a nice, meaty addition to a dog's bowl, and a potent broth that will make tails wag. These cheap little morsels are packed with protein and simple to prepare (don't worry, they're not that gross). Substitute an equal measure of dry food, up to 1/4 of your dog's meal.
4. **Yogurt.** Drizzle 1/2 teaspoon plain yogurt per 10 pounds of body weight in your dog's bowl for a delicious topping filled with beneficial probiotics.

5. **Green Stuff.** A sprinkling of parsley mixed into dry food provides cancer fighting phytochemicals that are missing from commercial foods. Adding chopped spinach may help dogs refrain from eating feces. In addition, super-healthy kale is a surprising favorite of many dogs - like with the other greens, it helps if you chop it up and add it to their food rather than feeding them a whole leaf.
6. **Pumpkin & Squash.** When you're roasting these for your own dinner, set aside a little of the finished product before adding salt and pepper and provide your dog with a nice dose of beta-carotene, fiber, potassium, and selenium. Pumpkin and squash are low in calories and help to keep a dog on a diet full; they also help ease digestive tension and nausea. One tablespoon per 10 pounds of body weight is a nice amount to serve per day; serve in addition to your dog's normal diet.
7. **Blueberries.** These are antioxidant powerhouses that help fight disease and will turn your dog's tongue a hilarious purple. Sometimes dogs don't like the resistant skin, so cut the blueberries in half and add two-three per 10 pounds of body weight to your dog's bowl.
8. **Roasted Beets.** Now in season, beets are a yummy source of betalains - phytochemicals with antioxidant, anti-inflammatory, and detoxifying properties. One teaspoon per 10 pounds of body weight will liven up the food bowl.
9. **Carrots & Green Beans.** Looking for some healthy treat substitutes? Try freshly cut-up carrots, or fresh or frozen green beans (avoid sodium packed canned green beans).
10. **Cheerios as a training treat.** Non-greasy, low in calories, and just as effective as cheese in getting your dog to listen. Just make sure to use the plain kind, not the sugar-laden varieties.

All these foods are great for you, too, so as long as you've got them on the cutting board go ahead and feel confident in sharing with your best friend.

## Success stories

(continued from page 10)

repair and could not have that surgery until he was gaining weight and stabilized. He was originally treated for a nasty case of hook worms and it took from the end of September until March for him to be ready for the surgery which he had successfully at The Animal Dental Center in Annapolis MD. I would highly recommend this practice for anyone needing a dental specialist, they were absolutely wonderful and I would recommend Dr. Lusking to anyone:

### Bonnie Lynn (Pakalana)

"Bonnie Lynn has been with us for a week today and we could not imagine life without her. She is such a wonderful addition to our family. I don't recall the last time I was so happy or so in love!!!

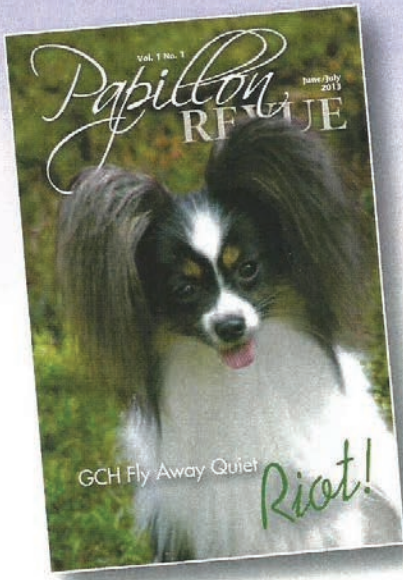
She had her teeth cleaned this week and the vet and all the staff there fell in love with her too. Last night she started obedience school and although she doesn't know how to do anything but "sit", she

was such a good girl. Didn't bark at the other dogs at all. She will learn her lessons and I will try my best to work with her until she gets it. This week she has to learn "down" and to stay down for 5 minutes!!! The instructor remarked on the eye contact after I would have her sit. She kept looking to see what to do next. I was kind of surprised actually! We go for walks three times a day and she loves to be in the weeds. I always have to pick burrs and stuff out of her fur when we get home. L I keep telling her that it is not ladylike, but she doesn't listen.

We have purchased a crate for each car, and she now has pet insurance, just in case.

Thank you again so much for giving PapHaven a good recommendation for us. She is a wonderful girl and we are thrilled with her.

We love her so much. it's actually a bit frightening. We never wanted kids but she is like the kid we never had and perhaps should have. She is an angel. Thank you again so much!!!!"



# Papillon REVUE

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## AKC Responsible Dog Ownership Days

AKC Responsible Dog Ownership Days is here! Each September, AKC hosts [AKC RDO Days](#) to shine a spotlight on the commitment it takes to have a canine companion. There are many ways you can take part in this exciting celebration of all things dog throughout the month. Try one or all of our suggestions below:



- **Attend an Event in Your Area!** We have 600 events registered all over the country. Find one in your area [here](#).
- **Host an Event.** We're still accepting registrations for RDOD events so we can make this the biggest celebration yet. [Get inspired](#) and [enter your event details](#). Contact [communications@akc.org](mailto:communications@akc.org) or 212-696-8228 with any questions. Registered Days receive a packet of free goodies to pass out during the event!
- **Sign the AKC Responsible Dog Owner Pet Promise.** Show your commitment to providing the best care for your dog by putting your paw print on the Pet Promise. [Sign now](#).
- **Share our statuses.** We'll be posting regularly about Responsible Dog Ownership Days on [AKC's Facebook page](#). Share one or more of our statuses to spread the responsible dog ownership message to an even greater audience.
- **Send us a photo.** Attending or hosting an event? Share your favorite shot and it could appear on the AKC website, Facebook page or on the AKC Dog Lovers blog! Email your photo to [communications@akc.org](mailto:communications@akc.org).

Regards,  
AKC Communications